

# INFORMATION NOTE

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| <b>Title:</b>               | <b>Healthy City Strategy Presentation to Inclusion Advisory Committee</b> |
| <b>Date Prepared:</b>       | <b>November 9, 2020</b>   |
| <b>Report To:</b>           | <b>Inclusion Advisory Committee</b>                                       |
| <b>Councillor and Role:</b> | Councillor Deanne Stapleton   |
| <b>Ward:</b>                | N/A   |

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**Issue:** Healthy City Strategy – Inclusion Advisory Committee Review

**Discussion – Background and Current Status:**

In 2018, Council approved the development of a Healthy City Strategy. The strategy will be a long-term plan focused on building healthy neighbourhoods that support the health, wellness and inclusion of all citizens.

Through stakeholder engagement and research, Healthy City St. John's identified six 'Pillars' to support the strategy, they are:

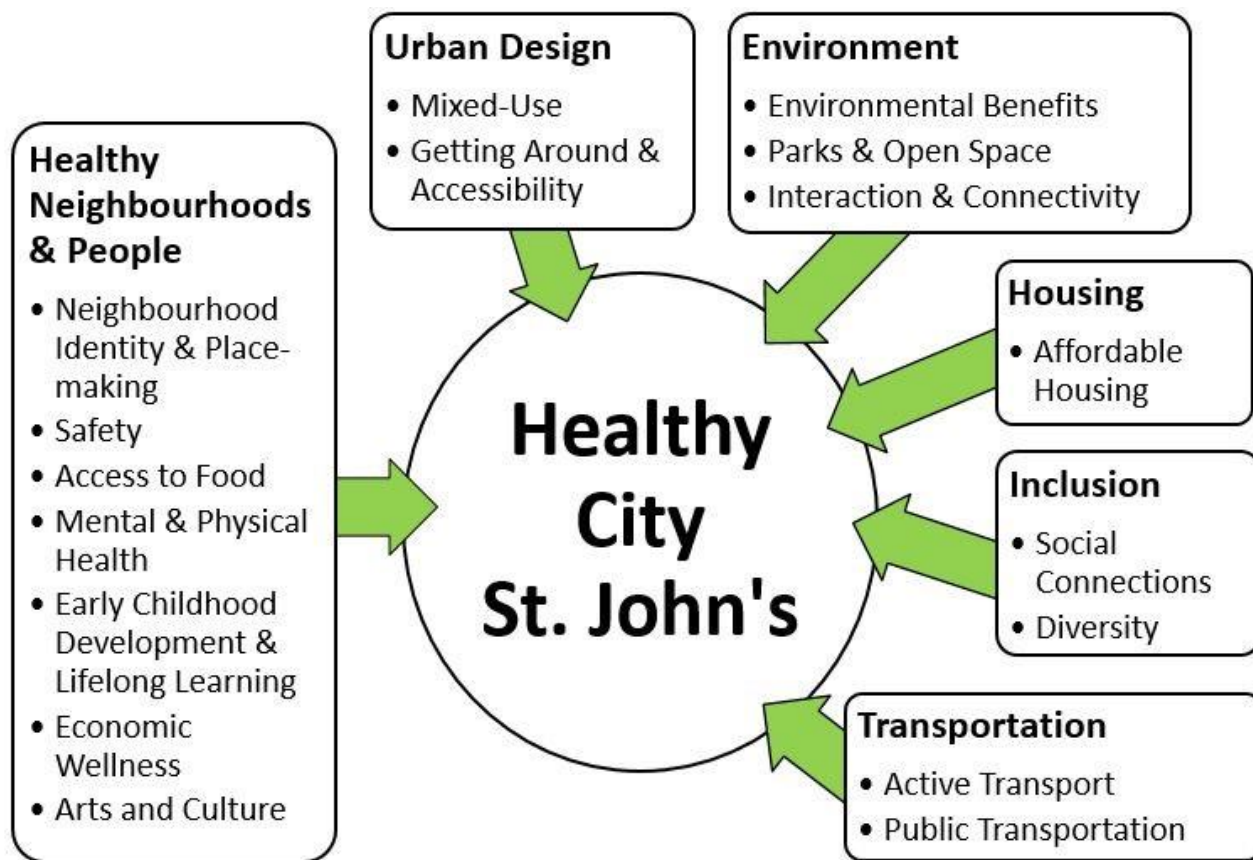
- Healthy Neighbourhoods & People
- Urban Design
- Transportation
- Environment
- Housing
- Inclusion

In the Healthy City Strategy, each 'pillar' has its own respective goal and is supported by healthy city 'assets'.

The infographic below shows how each of the pillars and assets fit together to support a healthy city.

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# ST. JOHN'S



The Healthy City Strategy aims to improve people's health and wellbeing by addressing [the social determinants of health](#). The social determinants of health are the social and economic conditions that impact people's health and the City of St. John's will work in collaboration with various levels of government, sectors, and community stakeholders to improve the health of people and the neighbourhoods they live in.

The Healthy City Strategy works to improve the determinants of health by supporting the healthy city 'assets' for every neighbourhood. These healthy city assets are the building blocks that need to be present in a City (or neighbourhood) to foster health and wellness for all. To have healthy people, we need to make sure that all residents live in neighbourhoods that support good health and wellbeing.

Before the first draft of the Healthy City Strategy goes to Council for review, we are seeking input from expert stakeholder groups, such as the Inclusion Advisory Committee, to ensure that we capture the priorities of the Inclusion Community.

### Key Considerations/Implications:

1. Budget/Financial Implications: NA
2. Partners or Other Stakeholders:

- Advisory Committees of Council and related working groups and expert panels; City Staff; Eastern Health; Community Stakeholders

3. Alignment with Strategic Directions/Adopted Plans:

- A Connected City - A city where people feel connected, have a sense of belonging, and are actively engaged in community life
- A City that Moves - A city that builds a balanced transportation network to get people and goods where they want to go safely.
- A Sustainable City - A city that is sustainable today and for future generations; economically, environmentally and financially.
- Envision Municipal Plan
- Healthy City Strategy

4. Legal or Policy Implications: NA

5. Privacy Implications: NA

6. Engagement and Communications Considerations: NA

7. Human Resource Implications: NA

8. Procurement Implications: NA

9. Information Technology Implications: NA

10. Other Implications: NA

**Conclusion/Next Steps:**

Continue to work with the Inclusion Advisory Committee, and its respective working groups, on future engagement around the Healthy City Strategy and its deliverables and outcomes.

**Prepared by/Signature:** Bruce Knox, Healthy Communities Fieldworker

**Reviewed by/Signature:** Natalie Godden, Manager, Family & Leisure Services

**Approved by/Signature:** Tanya Haywood, Deputy City Manager, Community Services

**Attachments:** Discussion Guide

### Report Approval Details

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|----------------------|---|
| Document Title:      | Healthy City Strategy Presentation to Inclusion Advisory Committee.docx |
| Attachments:         | - IAC_ HCSReview_DiscussionGuide.docx                                   |
| Final Approval Date: | Nov 23, 2020  |

This report and all of its attachments were approved and signed as outlined below:

**Natalie Godden - Nov 23, 2020 - 4:45 PM**

**Tanya Haywood - Nov 23, 2020 - 5:42 PM**