

# INFORMATION NOTE

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<b>Title:</b>	<b>Healthy City Strategy Presentation to Seniors Advisory Committee</b>
<b>Date Prepared:</b>	November 9, 2020
<b>Report To:</b>	Seniors Advisory Committee
<b>Councillor and Role:</b>	Councillor Deanne Stapleton
<b>Ward:</b>	N/A

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## **Issue: Healthy City Strategy – Seniors Advisory Committee Review**

### **Discussion – Background and Current Status:**

In 2018, the St. John's City Council approved the development of a Healthy City Strategy. The strategy will be a long-term plan focused on building healthy neighbourhoods that support the health, wellness and inclusion of all citizens.

Through stakeholder engagement and research, Healthy City St. John's identified six 'Pillars' to support the strategy, they are:

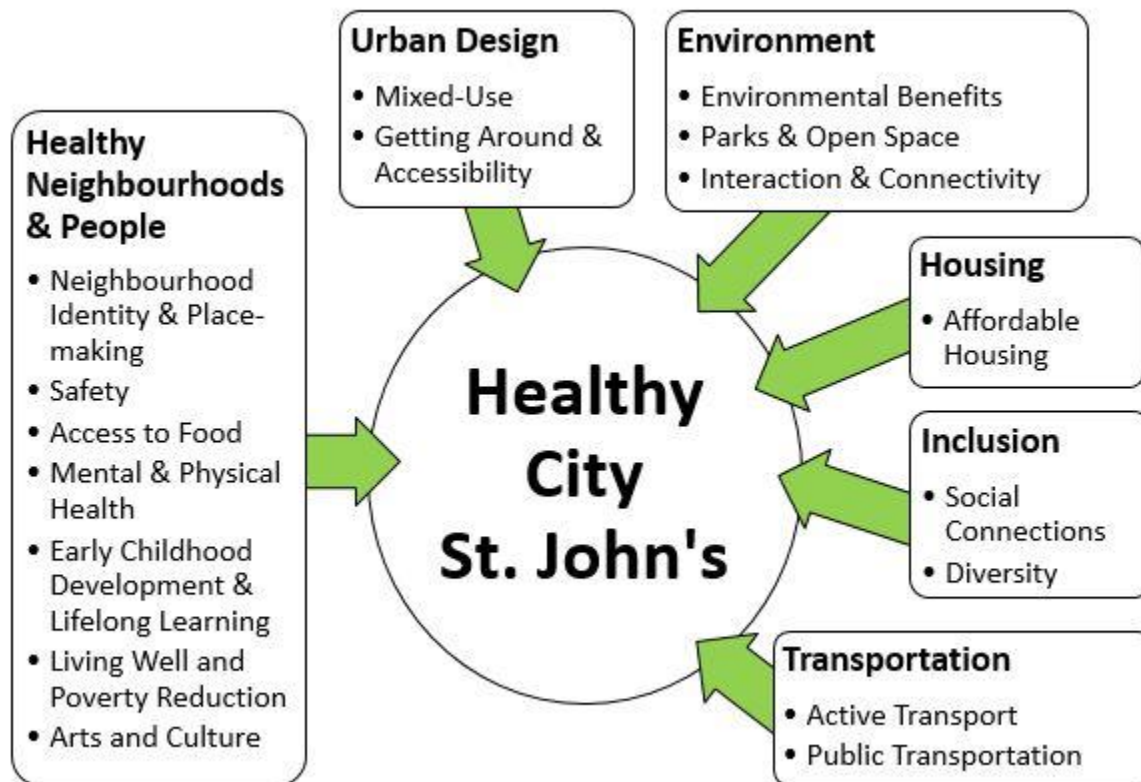
- Healthy Neighbourhoods & People
- Urban Design
- Transportation
- Environment
- Housing
- Inclusion

In the Healthy City Strategy, each 'pillar' has its own respective goal and is supported by healthy city 'assets'. The assets are the unique building blocks that support healthier neighbourhoods.

The infographic below shows how each of the pillars and assets fit together to support a healthy city.



## Healthy City Strategy Presentation to Seniors Advisory Committee



The Healthy City Strategy aims to improve people's health and wellbeing by addressing the social determinants of health. Where the social determinants of health are the social and economic conditions that impact people's health, the City of St. John's will work in collaboration with various levels of government, sectors, and community stakeholders to improve the health of people and the neighbourhoods they live in.

The Healthy City Strategy works to improve the determinants of health by supporting the healthy city 'assets' for every neighbourhood. These healthy city assets are the building blocks that need to be in present in a City (or neighbourhood) in order to foster health and wellness for all.

To have healthy people, we need to make sure that all residents live in neighbourhoods that support good health and wellbeing.

Before the first draft of the Healthy City Strategy goes to City Management and Council for approval, we are seeking feedback and input from expert stakeholder groups, like the Seniors Advisory Committee to ensure that we capture the priorities of the older adult demographic.

The members of the Seniors Advisory Committee will receive the attached document to review prior to the meeting. At the meeting, we will introduce the Healthy City Strategy in more detail with a short presentation, followed by a discussion around the draft content found in the said, attached document.

**Healthy City Strategy Presentation to Seniors Advisory Committee****Key Considerations/Implications:**

1. Budget/Financial Implications:
  - N/A
2. Partners or Other Stakeholders:
  - Advisory Committees of Council and related working groups and expert panels; City Staff; Eastern Health; Community Stakeholders
3. Alignment with Strategic Directions/Adopted Plans:
  - A Connected City - A city where people feel connected, have a sense of belonging, and are actively engaged in community life
  - Envision Municipal Plan
  - Healthy City Strategy
4. Legal or Policy Implications:
  - a. N/A
5. Privacy Implications:
  - a. N/A
6. Engagement and Communications Considerations:
  - a. N/A
7. Human Resource Implications:
  - a. N/A
8. Procurement Implications:
  - a. N/A
9. Information Technology Implications:
  - a. N/A
10. Other Implications:
  - a. N/A

**Conclusion/Next Steps:**

Continue to work with the Seniors Advisory Committee on future engagement around the Healthy City Strategy and its deliverables and outcomes.

**Prepared by/Signature:** Bruce Knox, Healthy Communities Fieldworker

**Healthy City Strategy Presentation to Seniors Advisory Committee**

**Reviewed by/Signature:** Natalie Godden, Manager, Family & Leisure Services

**Approved by/Signature:** Tanya Haywood, Deputy City Manager, Community Services

**Attachments:** Discussion Guide

**Healthy City Strategy Presentation to Seniors Advisory Committee****Report Approval Details**

Document Title:	Healthy City Strategy Presentation to Seniors Advisory Committee.docx
Attachments:	- Seniors_ Section Review + Questions.docx
Final Approval Date:	Nov 13, 2020

This report and all of its attachments were approved and signed as outlined below:

**Karen Sherriffs - Nov 13, 2020 - 9:28 AM**

**Tanya Haywood - Nov 13, 2020 - 9:45 AM**